

Clinton



Events

www.eventsmagazines.com

Volume 10 • Quarter 4 • 2011



In this issue
Chamber of Commerce Awards
Architects of the Future
Clinton Calendar
Parks & Recreation
Henry Carter Hull Library Programs
Boxes for Soldiers
... and much more



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First Selectman's Corner

I hope everyone is enjoying the fall. It is usually the most beautiful time of year along the shoreline, but this one is much different than years past. On August 27th the State and our town were hit by tropical storm Irene. This was a 15 hour storm with the height of it hitting at high tide. Thankfully Irene weakened significantly as it approached and maximum sustained winds were in the 50 to 60 mph range as it struck. Clinton was totally out of power. We had over 100 poles down or damaged and many people along the shoreline suffered major damage to their properties. Through of this the shining lights were our emergency responders inclusive of police, fire, public work and EMS. These agencies worked side by side for nearly 36 straight hours to make our town safe and protect our residents. As a community we came together providing showers and meals for residents and reaching out in whatever way possible to assure people we were there for them. I cannot thank our town crews enough as well as the many other employees who rolled up their sleeves to help their neighbors. Clinton is the jewel of the shoreline.

As we recovered from Irene we were preparing to celebrate a piece of our heritage and honor those who

bravely have served us for a hundred years. On September 17th & 18th our Clinton Volunteer Fire Department celebrated its' 100th anniversary with a weekend full of activities culminating with a 2-mile parade down Main Street on Sunday afternoon. Nearly 100 fire departments and 200 pieces of equipment participated to the delight of the several thousand spectators lining the route. We are so fortunate in Clinton to have these men and women serving and protecting us. Congratulations and continued success. No one does it better.

With all of the excitement of the late summer early fall we are finally settling into a peaceful season to enjoy a football, baseball or soccer game, or rake leaves, put our yard furniture away and gather firewood.



Continued on page 4

"A Local Team Makes A Difference!"

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MARIS LEBLANC

Shoreline Properties



NEW LISTING

HADDAM: Spectacular 3BR ranch features vaulted ceilings, hw floors throughout, floor to ceiling stone fp, sunroom and cherry kitchen open to Great Room. Beautiful master suite with big soaking tub and two sinks with stone counter. Extensive landscaped yard w/ waterfall. **\$449,900**



NEW PRICE

WESTBROOK: Waterfront - Modern 4 BR Cottage offers Granite, Stainless, Bamboo Flooring & open floorplan w/ beach - Turn Key Chic. **\$399,900**



NEW LISTING

OLD SAYBROOK: Fenwood Beach Association. Lovely 3 Bedroom Ranch offers living room w/ fireplace, hardwood floors, new windows, finished lower level, 1 car garage. **\$319,900**

LAND / RENTALS

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HADDAM: 17 private, pastoral acres with brook. \$249,900

WESTBROOK: Academic stunner on Stannard Beach. 3BR colonial with large rear covered deck, custom kitchen, formal DR & LR. \$2,100/mo.

CLINTON: Harborview Association 4BR cape features hardwood floors throughout and water view from deck. \$1,400/mo.

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OLD SAYBROOK 860.388.8858

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Selectman ... continued from page 1

We are still cleaning up from Irene and unfortunately she took many of our beautiful trees and took some of the grandeur from our foliage. But fall is still my favorite time because winter means snow. Although snow is also beautiful, for a Mayor or First Selectman, snow is money and I hate spending money on snow removal.

For all of us cold weather means heating costs and we all need to prepare as best we can for the heating season. If you can, set some money aside for oil, electricity, etc.

If you're eligible, sign up for fuel assistance with Cheryl at Social Services. If at all possible please donate to our fuel assistance fund. Everyone can help in their own way; check on your neighbors, volunteer and communicate information with others who made need help. It's a great Town, we all pulled together during the storm let's stay together.

See you out and about, here comes basketball season.

- Willie Fritz
 First Selectman

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Chamber of Commerce Annual Awards at Country Club

The Clinton Chamber of Commerce will hold its annual awards dinner on Wednesday, October 19 at the Clinton Country Club, Rte. 145, Clinton.

Selected this year to receive the **Award of Distinction for Public Service** is longtime Clinton resident and active volunteer Rich Santanelli. Santanelli has been a member of the Clinton Lions for many years and has participated in community events such as Christmas in Clinton, Bluefish Festival, repair of the Vece gazebo, building of the beach gazebo, chair of the golf tournament, Families Helping Families Pancake breakfast, painting and renewal projects, and a multitude of special fundraising programs. In addition, he serves as chair on the Henry Carter Hull Library Board of Directors.

Receiving the **Community Partnership Award** is Clinton Police Sgt. Jerry Dunn, for his dedication and work over many years with the DARE program, Citizen's Police Academy, and Toys for Tots campaign.

The **Best Foot Forward Award** is going to Clinton's Department of Public Works. Accepting the award on behalf of the department will be Peter Neff. The town crew recently completed the wall of honor memorial in front of Town Hall and worked on major enhancements at the harbor and beach areas.

Keeping with tradition, the Board of Education will be sharing the spotlight and will be honoring their **Business Person of the Year** (yet to be announced).

Members of the public and friends of the honorees are welcome to attend. The event begins at 5:30 p.m. Refreshments at the cocktail hour are sponsored by Clinton Crossing Premium Outlets, Chamber Insurance Trust, and Guilford Savings Bank. Phone or email reservations are being accepted. Cost is \$40 per person. Walk-ins cannot be accommodated. Payment can be made by credit card, check or cash.

Call 860/669-3889 or email chamber@clintonct.com.

From the Town Clerk

TUESDAY, NOVEMBER 8 is Municipal Election Day! Voting hours are from 6:00 a.m. to 8:00 p.m. in the Green Room at Town Hall.

Applications for ABSENTEE BALLOT may be obtained in the Town Clerk's office or downloaded from www.sots.org. Send the application to the Town Clerk's office at 54 East Main St., Clinton, CT 06413. The application will be

processed and the absentee ballots will be available beginning Friday, October 7.

The Town Clerk's Office hours are M-W 9 a.m. to 4 p.m. Thursday 9 a.m. to 7 p.m. and Friday 9 a.m. to noon. If you have any questions, please contact townclerk@clintonct.org or call 860 669 9101.

- Karen Lee Marsden, MMC, Clinton Town Clerk

From the Tax Collector

Real Estate and Personal Property 2nd installment of tax is due January 1, 2012. Last day to pay without penalty is February 1, 2012.

Supplemental Motor Vehicle taxes are also due January 1, 2012. Last day to pay without penalty is February 1, 2012.

We do not rebill for the second installment of real estate and personal property tax that will be due January 1, 2012. You may pay the second installment of tax now.

If you have purchased real estate in recent months, please contact the tax office for a copy of the tax bill. Failure to receive a bill, does not invalidate the tax or interest.

Some of us will shortly be receiving a supplemental motor vehicle tax bill(s) for a vehicle(s) registered after October 1, 2010 and registered before August 1, 2011. If you newly registered a motor vehicle after October 1, 2010 (first time registration, or expired registration reactivated), you should receive a pro-rated tax bill in December 2011. This

"supplemental" bill reflects the time from the month the vehicle was first registered, through September 2011 only. It is due January 1, 2012 and payable in a single installment by February 1, 2012.

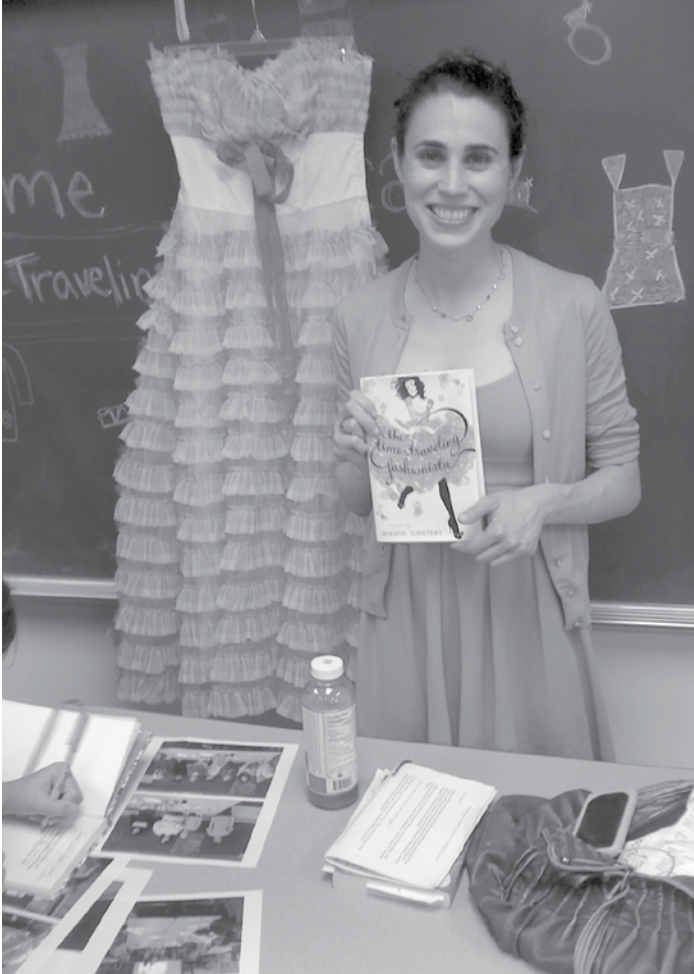
Please note if you have transferred the plates from the vehicle that was registered on October 1, 2010 to another motor vehicle of greater value after October 1, 2010 and before August 1, 2011, you had to pay the entire tax due on the original vehicle in July 2011. The January 2012 supplemental bill will be adjusted automatically by giving you a credit for the disposed vehicle.

Visit the town hall website at www.clintonct.org.

*From the desk of Melanie Yanus
Clinton Tax Collector*

Author Visits Jared Eliot Middle School

What better way to inspire students to read and write literature than to host an author visit? The students in my reading class at Jared Eliot Middle School recently had the opportunity to hear a young author discuss her first book.



*Bianca Turetsky author of *The Time Traveling Fashionista**

Bianca Turetsky has written a novel entitled *The Time Traveling Fashionista* which is geared toward middle school girls. The storyline involves a 7th grade girl, Louise, who goes to a vintage clothing store to purchase a dress. When she tries on a certain dress, Louise is transported back to the time when the outfit was last worn. Consequently, Louise assumes the identity of the person who wore the dress on the *Titanic*. The plot becomes very suspenseful as Louise tries to warn the ship's captain about the impending catastrophe which will occur when the ship hits the iceberg. Will Louise be able to get back to her "real" life?

Historical fiction, glamorous fashion, fantasy, and suspense are all elements which make this novel so enjoyable. Enhancing the appeal of the novel are the beautiful illustrations by Sandra Suey that appear throughout the book.

Since Ms. Turetsky is a high school friend of my daughter's, my students were very eager to read her book and meet her. Some of them attended a Sunday book signing in New Haven at the vintage clothing store which was the inspiration for this story. *The Time Traveling Fashionista* has achieved critical acclaim and the publisher would like the author to create a series. Hence, Bianca has begun writing her second book.

Ms. Turetsky drew upon her own life experiences and related that she had been writing the book for five years. During her presentation at Eliot, she described her writing process and gave a lesson in how to develop descriptions for a story. She taught the students to use their senses to describe. One of the scenes from her new book is a middle school cafeteria and the author solicited help from the students to "describe" the setting. Ms. Turetsky artfully extracted from the students phrases describing that setting. All students were engaged in this interactive presentation which was a great learning experience for my budding authors. While reading the next novel, the students may recognize some of their own descriptive phrases.

Bianca Turetsky is a talented author and the students thoroughly enjoyed her visit. She immediately captured their attention by displaying the actual dress she wrote about in the novel. If Bianca tires of writing books, she would make an excellent teacher. Ms. Turetsky didn't only describe the writing process; she taught it and actively involved the students in the creation of descriptive text. With great anticipation, we all look forward to her next novel.

*Submitted by Gail Finucane
6th grade teacher at Jared Eliot Middle School*

Deadline
for the next
Clinton Events
is February 7

Board of Finance

The Board of Finance will be organizing the proposed budgets for fiscal year 2012/2013 over the next few months, and as always I am seeking public participation. It is important to be informed about the budgets sent to referendum every Spring. It is important because Clinton's spending budgets have a direct effect on our taxes, which in turn affect the level of services provided by the town and the Board of Education. The consequences, if any, for overall operations due to current spending levels will not be known for a few more months. Of course we already know about the reduced hours at the library, and the recent storm damage from Irene is another variable that must be considered. Ultimately, the town has obligations it must meet relative to our school district, public safety and infrastructure, to name a few areas of government that require increased vigilance.

The Town of Clinton cannot ignore these responsibilities. Together we must address some significant issues with our school district funding (or over/under-funding depending upon your perspective), our aging infrastructure and the fiscal management of the rest of the town's various departments and commissions. We have continued an irresponsible campaign of gutting the capital improvement budgets. They are easy targets. A town like Clinton should be appropriating a modest 3-6% of its entire operating budget on capital investments and improvements. It has been a long time since the town fully funded its ten-year capital improvement plan; this includes the Board of Education's capital plan. The town's short term operating costs, in theory, could be

reduced if Clinton conforms to the responsible, long-term capital investment plans put forth by the Capital Expenditures Committee. Any capital investment strategy should include serious and thoughtful economic development. When was the last time the Town of Clinton appropriated any substantial working capital to its Economic Development Commission?

In any event, one way to ensure that you are informed about the budgets is to attend public meetings to provide comments, ask questions and air your concerns. To this end, there will be, as there have been for years, multiple budget workshops in advance of the final budget public hearing. These workshops are held on Tuesday and Thursday nights during the month of February. This past year these workshops were woefully under-attended. In fact, the most attended public hearings were the meetings to address further budget cuts after referendum votes.

I urge the public to get involved because your involvement truly assists the members of the Finance Board in making necessary and sometimes difficult decisions. I do not relish making decisions that cause people concern or even distress, but as an elected member of the board, how do I know what you want me to do if I do not hear from you? The majority vote at the ballot box is what drives the ultimate policy and fiscal direction for our town. I look forward to what is sure to be a robust budget debate in the coming months.

-Bradford J. Sullivan, Chair, Board of Finance

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David V. Winstead, Ph.D.
dwinstead@eventsmagazines.com

Director of Advertising

Diane Brown dbrown@eventsmagazines.com 860-383-6376
Advertising Sales in East Haddam, Essex, Old Lyme & Old Saybrook

Advertising Sales

Ward Feirer wfeirer@gmail.com 914-806-5500
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Art Director/ Designer

Kathy Alsop kathy.events@comcast.net 860-391-4372

Magazine Layout

Amy Bransfield

Proofreader

Michele Dickey

Motor Sports Editor

Dana Hill

Video & Games Editors

Tom & Liz Pester

Music Editor

Wayne D'Amico

Cover Photo

AC Proctor

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SHORELINE CHAMBERS OF COMMERCE CONFERENCE

The Shoreline Chambers of
Commerce will host the 2011
Shoreline Business Conference
and Trade Show at Water's Edge
in Westbrook on
Monday, October 24.

Full day schedule of workshops on
marketing, advertising and sales, legal
and accounting issues, building rela-
tionships, networking and technology.
The conference also includes a large
trade show. \$60 per person (\$50/p for
three or more from same company).
Includes breakfast and lunch and
choice of workshops. "Tweet Up"
Happy Hour 4 to 6. Employees and
business owners from large and small
businesses are encouraged to attend.
Keynote speaker is David Weinberger,
author, internet and marketing
entrepreneur, blogger, Senior Re-
searcher at Harvard Law's Berkman
Center, strategic marketing consultant.

Conference tickets are limited. Log on
to www.shorelinechambers.com for
detailed information.

Contact the Clinton Chamber of
Commerce at 860 669-3889 or email
chamber@clintonct.com.

Henry Carter Hull Library Adult Programs

More information on all of these programs can be found at hchlibrary.org

Thursday, October 13 - 6:30 p.m.

My Stepmother the Witch: Changing Notions of Female Evil in Popular Culture with Leslie Lindenauer.

Monday, October 24 - 6:30 p.m.

You Wrote a Book, Now What? with Literary Agent Jan Kardys.

Thursday, November 3 - 5:15 p.m.

Sneak Preview: "Where Soldiers Come From" PBS Point of View documentary

Monday, November 7 - 6:00 p.m.

"The Way We Get Back" - PBS Point of View documentary on seniors that welcome troops back home in Bangor, Maine.

Saturday, November 19 - 11:00 a.m.

Korean Culture and Spirit Promotion Project. Registration required at hchlibrary.org.

Saturday, December 3 - 12:00 p.m.

Haunted Happenings with the Connecticut Paranormal Research Society. Registration required at hchlibrary.org.

From The Children's Room

Did you know? ... iPads are available at the library? Discover the interactive fun of this exciting technology during a visit with your family. iPads for the Children's Room were purchased with a generous donation from Lenny and Joe's Fish Tale Charity Carousel.

Did you know? ... you can check out a Love-To-Learn Backpack, chock full of goodies to entertain and instruct preschoolers? From the alphabet to the outdoors, these themed backpacks provide hours of exploration and imaginative fun.

Did you know? ... you can visit nearly two dozen area attractions for free or with a discounted admission by using one of our Henry Carter Hull Library's Museum Passes? Find out what sites are offered at hchlibrary.org, then call the library to reserve a pass for the day you want to go. Perfect for entertaining out-of-town guests!

Did you know? ... you can check out a colorNook e-reader loaded with an array of children's books?

Did you know? ...the library offers a wide array of programs for children and their families? Check our website, hchlibrary.org for details. Registration for winter programs will begin in mid-November.

10 Killingworth Turnpike
Clinton, CT 06413 860-669-2342 www.hchlibrary.org

- Lynn R. Hidek Assistant Director / Children's Librarian

So Here's The Story...

(of why we started our new business Choice Modular Homes.)

For the past several years we have been searching for a great modular home manufacturer to represent and when we found the right one, we started our company Choice Modular Homes. In July we completed our first "build" and now our new company is fully underway.

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Eunice Symonds Scholarships

In 2009 the Clinton Land Trust received a donation of over \$300,000 from the estate of the late Eunice Carter Symonds, a lifelong resident of Clinton, whose ancestors can be traced back to the family of Carter Hill Road fame. Subsequently, the Trust voted to use some of this donation to establish a scholarship in Eunice Carter Symonds' name to send two fourth graders and two fifth graders each summer for a two-week session to the Bushy Hill Day Camp, an environmental education camp in Ivoryton.



*The four winners are (left to right):
Ella Franzoni, Anes Gadun, Christopher Wyatt and Sophia Dowd.*

The recipients are chosen through an essay contest where they are asked to write about why they would like to attend the nature camp. This year the winners were chosen from about twenty essays, and the Trust is sponsoring two girls in grade 4 and two boys in grade 5 to attend a Bushy Hill Camp session of their choice.

All of the entries were expressive and enthusiastic, but the winning essays showed such zeal as to put a smile on the face of any reader.

Fourth grader Ella Franzoni wrote, "... I would be so happy to have 2 WHOLE WEEKS of nature and learning at BUSHY HILL ... From one nature lover to another, Ella Franzoni".

Fourth grader Sophia Dowd wrote, "I love to breathe fresh air, it makes me feel so relaxed ... if I win this contest, Bushy Hill will be the first camp I have gone to in my whole life".

Fifth grader Anes Gadun wrote, "Imagine going to camp when you love nature, learning fascinating things about nature, and making friends and it is your dream to go."

Fifth grader, Christopher Wyatt, wrote in his essay, "I would also get incredibly dirty every kid wants to be dirty..."

The program at the Bushy Hill Day Camp provides daily opportunities, within the framework of an environmental curriculum, for chance discoveries and on-the-spot teachable moments about nature. We looked forward to hearing about what these lucky students learn there.

Please see letter below, from the Abraham Pierson School.

*Mr. Mike Houde
President Clinton Land Trust
42 Pleasant Valley Road
Clinton, CT 06413
July 11, 2011*

*Dear Mr. Houde,
The Abraham Pierson School community wishes to say "Thank You" to the members of the Clinton Land Trust for the four generous scholarships to Bushy Hill Summer Camp. The scholarships will provide an extraordinary learning experience for our students, one that otherwise might not have been available to the children. We are also most grateful to Mrs. Dana Skidmore for coordinating the application process at Pierson School and for her efforts to bring her love of nature and her expertise to our students. Students, staff, and families look to the Clinton Land Trust as a role model for community involvement and we greatly appreciate having you as our partner in education. Thank you for your continued interest in our school and in our creative and talented students!*

*Sincerely,
Angela Guarascio, Principal*

Calling All Lego Fans!

SAVE THE DATE For A Fun Family Event

Saturday, November 5, 2011, 4:00 to 7:00 at the Andrews Memorial Town Hall

Get ready for a fast paced, hands-on build using over 50,000 LEGO® building blocks. Wind Power will come to life in the Andrews Memorial Town Hall with Architect Stephen Schwartz. Geared to families of children in grades 4 to 8.

Pre-registration only with registration form. Fee: \$5.00 and one non-perishable food item per family, includes supper. To register contact Park & Recreation at 860-669-6901. This program made possible through Middlesex United Way funding and Clinton Park & Recreation, Clinton Youth & Family Service Bureau and our local Business Partners. CYFSB website:

<http://clintonyouthandfamily.org> and Park & Recreation: <http://clintonparkrec.com>



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1. Please Note: New customers should call when they get to 1/4 tank to enable us to calculate automatic deliveries.
2. GALLONS UNUSED will carry forward to the next season of delivery or you may request a refund. (APRIL 30th, 2012)
3. \$300 Cancellation Fee Applies to all Buy Ahead / Cap / Budget Accounts.
4. All service bills are to be paid within 30 days or the balance will be deducted from your Buy Ahead / Budget Account.

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**HOD #
591**

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Clinton Chamber to Host U.S. Coast Guard Band



The Clinton Chamber of Commerce is sponsoring a performance by the United States Coast Guard Band. The band will perform a varied program of marches, show-tunes and band classics in the Gagnon Auditorium at the Morgan School, Rt. 81, Clinton on Friday October 28 at 7:30 p.m.

The U.S. Coast Guard Band was organized in 1925 with the assistance of some of the world's best military and civilian musicians. "American March King" John Philip Sousa is perhaps the most noteworthy. On September 17, 1965, President Lyndon B. Johnson signed congressional

legislation that resulted in the Coast Guard Band being the permanent musical representative of the nation's oldest continuous seagoing service. This event also established the Coast Guard Band as one of the five premier service bands in America.

Since 1925, when it was founded to fulfill the musical requirements of the U.S. Coast Guard Academy, the Coast Guard Band has developed an international reputation as one of the finest professional concert bands in the world, offering music of great variety and appeal.

Transportation funding has been provided by Shore Television and Appliance. The concert is free and open to the general public. Tickets are required and may be obtained from the Clinton Chamber of Commerce office at 50 East Main Street, Clinton, or by sending a self-addressed stamped envelope (SASE) to the Clinton Chamber of Commerce, P.O. Box 334, Clinton, CT 06413 (maximum 4 tickets per envelope). Only ticket requests including a SASE will be honored.

Doors open at 6:45 p.m. Non-ticket holders will be seated after 7:20 on an availability basis. The Gagnon Auditorium is handicap accessible.

Families Helping Families, a Clinton nonprofit organization providing food and fuel assistance to area residents, will be conducting a food drive. Attendees are welcome to bring healthy nonperishable food items for the collection bin that will be located in the lobby that evening.

For additional information call the Clinton Chamber of Commerce at (860) 669-3889 or email chamber@clintonct.com.

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Shoreline Community Women: Boxes for Soldiers

Fall is in the air, and Shoreline Community Women will be sending many Thanksgiving and Christmas boxes to our troops in Iraq and Afghanistan. We send care packages all year, but try to send as many as we can during the holidays. The contents of our boxes are shared by the troops, and we hope to remember, show our gratitude, and brighten the day of as many of our troops as possible.

We are accepting military addresses ... the soldier does not have to live in the area. If you know of someone in the military who can use a care package, just call or email us with the address.

We definitely need a lot of items to fill all these boxes! If anyone would like to organize a drive at their school, workplace, bookclub, sports team or wherever, please contact us. There is a list of items we collect at the Clinton Post Office. Items we always need include socks (calf height-white or dark), drink mixes (hot or cold) wet wipes, men's razors, toothbrushes, smaller toothpaste, peanut butter, instant oatmeal, *Cup of soup*, movie DVD's (used are ok), hard candy, healthy snacks, and men's deodorant.

Drop off places include the Clinton library (children's room), Ace Hardware, Northeast Fitness Factory,

The Bookloft in Clinton, Clinton Sport Shop, and First Niagra Bank in Clinton.

We always include notes, letters and cards from kids in the boxes and the troops LOVE them! If any teachers would like to help us and have their students write letters or make cards for us please let us know. We also have other ideas of how classes can help if you're interested. If you knit and would like to make hats, mittens, etc., we have patterns for you.

We always need money for shipping ... each box costs an average of \$25 to ship. The boxes are the size of a copy paper box, totally full of goodies. (maybe you've been behind me at the post office!) Donations can be made out to Shoreline Community Women, P.O. Box 51, Clinton, CT 06413.

This project is not possible without a large amount of community support. Help us thank our troops this holiday season for what they do for us and our country every day.

For more info contact Cindy Stevens at 860-669-1109, or snowsblock@aol.com. You can also contact Brenda Farrel, at 860-669-0750.

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Parks & Recreation Department

Fall & Winter Programs

MARTIAL ARTS: Martial Art Classes are available through Madison Academy located at 32 Wall Street, Madison, CT. Classes will meet twice a week for eight weeks. Various days and times are available. Classes available are Taekwondo (ages 3 to adult) and Cardio-Kickboxing (ages 10 to adult). The fee is \$50 per session. Uniforms are required for all Taekwondo classes and can be purchased at Madison Academy. Martial Arts Classes are held throughout the school year, check our website. Session 6: Nov. 7 to Dec. 30. New year begins: Session 1: Jan. 2 – Feb. 24, 2012.

ZUMBA FITNESS FOR TEENS: Grades 9-12, Boys & Girls, Saturday Mornings, Time: 9 am – 10:30 am. Saturdays: September 24 – November 19 (no class on 11/12) (8 weeks). Next Session: January 28, 2012 – March 17, same time. Lessons will be held at the P & R Building. Get in shape doing something fun. Get a special rate if you join with a family member or friend...so bring your mother, bring your brother, or bring a friend for double the fun! We will even bring breakfast for all to share afterward. Join us for (8) Saturdays at Clinton Park and Recreation. NO prior dance experience necessary. To register, call the Clinton P & R Office at 860-669-6901. Fee is \$25.00 per person, or Friends and Family Rate: 2 for \$40.00. Space is limited, register early! Instructor: Marie Giraldo.

CONNECTICUT COMPUTER EDUCATION:

KNEX of SIMPLE MACHINES: What's the difference between first and second class levers? In this class we focus on Levers and Pulleys. Choose a wheelbarrow, sailboat, or a balance beam or design your own. Grades: K - 5. Wednesdays: October 26 – November 30. 4 – 5:15 pm. Location: P & R Building, Fee: \$85.00 (Non-Residents \$90.00). Minimum of 4 Children & a Maximum of 12 Children. All registrations are through our Office.

ZUMBA LESSONS: Come ditch the workout and join the party! No dance experience necessary, just the will to move those hips to some fun Latino and International music. Feel the beat and enjoy the awesome workout. Bring plenty of water. Zumba is exercise in disguise! Classes will be held at the P & R Building beginning in October: Monday Evenings: 10/31 – 12/19/11, (No class on 12/5) Time: 6:30 -7:30 pm Fee: One 7 week session for \$56.00 Drop in Fee is \$9.00 per class. Instructor is Nansi Rice.

YOUTH BASKETBALL: For boys and girls ages 9 to grade 8. Children must be 9 years old by December 1, 2011. Games will be held on Saturdays at the Morgan School gyms. Practices are one night per week. The fee is \$45 (\$90 per family), which includes a T-shirt. A \$10 late fee will be added if registration is received after November 4, 2011.

INSTRUCTIONAL YOUTH BASKETBALL: For boys and girls in Grades 2 & 3. Children will learn offense and defense skills, practice shooting and play mini scrimmages. The

children will meet on Saturdays beginning December 3 at the Joel School gym. The fee is \$35, which includes a T-shirt. A \$10 late fee will be added if registration & payment is received after November 4.

FIRST GRADE YOUTH BASKETBALL: For boys and girls in 1st grade. Children will learn the fundamentals of basketball. They will meet on Saturday afternoon's beginning in January at Joel School gym. The fee is \$25, which includes a T-shirt. Payments due by December 9.

ADULT CO-ED VOLLEYBALL: (Adults Only) Open gym! Have some fun and join us for a friendly game of volleyball. The games will be played on Monday evenings from 7:30-9:30 pm at the following locations.

September:	Eliot Gym
October:	Eliot Gym
November:	Eliot Gym
December:	Eliot Gym
January:	Eliot Gym
February:	Eliot Gym
March:	Morgan Gym
April:	Morgan Gym A
May:	Eliot Gym

MEN'S BASKETBALL: (Adults only) Its open gym! Stop in for a quick pick-up game of basketball. The games will be played from 7:30-9:30 pm. The following schedule shows all the details:

November:	Thursday evenings at the Eliot Gym
December:	Thursday evenings at the Eliot Gym.
January:	Thursday evenings at the Eliot Gym.
February:	Thursday evenings at the Eliot Gym.
March:	Tuesday and Thursday evenings at Morgan, Gym A.
April:	Tuesday and Thursday evenings at Morgan, Gym A.
May:	Tuesday and Thursday evenings at Morgan, Gym A.

ART CLASSES With Joan Levy: Observational Charcoal Drawing and Water Color Painting. Classes will be held at Art at Murray Pond, 59 Route 148, Killingworth, CT. Dates: Tuesdays, November 11 – December 6. Ages: 7 - 13 years old. 4:30 – 5:30 pm. Fee is \$85, (\$90 for Non-Residents). Materials will be provided. Call Joan Levy if you have any questions (860-663-1169). Joan's website for more info: www.joanlevyartist.com.

YOUNG CHEFS OF CLINTON with Joanna Siciliano: Classes will be held at either the Pierson School or the P & R Building (TBD). October 25 and November 15. Grades 4 & 5. 3 - 4:30 p.m. Fee \$25. **Pierson Students Only!** A unique

Continued on page 16

Estuary Council Regional Senior Center

Estuary Council of Seniors, Inc. has been Serving Seniors in the nine-town Estuary region for 35 years. Call us to receive our Gazette Newsletter or go to www.ecsenior.org for our online newsletter, events calendar, menu, and more. 220 Main Street, Old Saybrook, 860-388-1611.

DONATE YOUR CAR OR BOAT - Turn your car or boat into a tax deduction by calling: 1-800-716-5868. Vehicle does not have to run! Proceeds benefit the vital services we provide in the nine town Estuary Region.

YOU'VE GOT MAIL! Be the first to know what is happening by getting our newsletter emailed to you! No more postal delays, winter address changes, or trying to find the newsletter to confirm a date for the great free class or seminar. Go to www.ecsenior.org and click on the Newsletter icon to follow the link and sign up. Then email us to remove you from the mailing list.

FREE HEARING CLINIC WITH BOB SAWYER

Wednesday, October 19 9am - 11:45 - by appointment. Hearing screenings, hearing aid maintenance, and ear wax inspection.

REIKI FRIDAYS!

Friday, October 14 or 28. Call Jan at 860-662-6310 with questions or to make your appointment.

DEALING WITH BACK PAIN

Tuesday, October 18 at 12:45 p.m. Learn techniques to help prevent back pain, as well as ways to manage it. A physical therapist from the Rehabilitation Department from Middlesex Hospital will show you how. Call Deb at 860-388-1611 for information.

BARNUM FINANCIAL "THE FILE"

Wednesday, October 19 at 6 p.m. If you can't locate it, it's lost. "The File" helps you keep track of those important papers. They are always at your finger tips. FREE lecture. Call 860-388-4783 for more information.

OVERCOMING HEARING LOSS

Thursday, October 13 at 12:45 p.m. Space is limited, so reserve your seat by calling 860-388-1611. Learn about symptoms of hearing loss, new technology and affordable solutions.

WICKED WITCHES LUNCH

Tuesday, October 31 at noon. Ribbon for best dressed Witch or Warlock. Remember to make your lunch reservation by 11 a.m. Friday morning October 28. *Happy Halloween!*

INTERESTED IN SCRABBLE?

Call Deb at 860-388-1611.

WOODCARVING CLASS

Meets 1st and 3rd Wednesday at 9 a.m. Beginners to advanced levels welcome. This group of men and women met and have done their first project. Call Ed Gorman at 860-388-5737 for more information.

STAN GREIMANN ESTUARY MEDICAL OUTPATIENT

TRANSPORTATION

For medical appointments, to any medical location beyond the nine-town estuary region. Call Judy at 388-1611. Suggested donation of \$35.

CAFÉ MEAL SITES

Chester, Clinton, Old Lyme, Old Saybrook, & Westbrook. Reservations required by calling 860-388-1611 by 11 a.m., 24 hours in advance.

MEALS ON WHEELS

Hot meals delivered to your home. Call Diane at 860-388-1611. A \$3.00 donation request for those aged 60+; otherwise cost is \$6.25. Meals are supported by Senior Resources Agency on Aging with Title III funds available under the Older Americans Act.

CLASSES AND ACTIVITIES

Billiards, Ping Pong, Yoga, Exercise Classes, Mah Jongg, Wii, Tai Chi, Cribbage, Writer's Group, Book Club, Quilter's Group, Dominoes, Needlecrafters, Hand and Foot, and more.

ESTUARY THRIFT SHOP

Hours are from 10 a.m.-4 p.m. Mon.-Fri. and 9 a.m.-1 p.m. on Saturdays. Clothes (men, women, and children), kitchen items, crafts, and more available. Donations are accepted and volunteers always needed.

HunterDouglas

Celebrate the Season

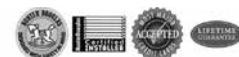


Style for your windows, savings for you. With their beautiful colors, fabrics and designs, Hunter Douglas window fashions are always a smart choice for creating inviting, attractive spaces. And now through December 12, mail-in rebates let you enjoy select styles at a savings of \$25 to \$300 per unit.* Purchase and install their energy-efficient Duette® Architella® Honeycomb Shades before the end of this year, and you may qualify for a federal tax credit of up to \$500.** Ask us for details.

Look for the Hunter Douglas logo on all products. *Rebate offer available on select styles. **Federal tax credit available on select styles. See IRS Form 5512 for details. ©2011 Hunter Douglas. All rights reserved.



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Park & Rec ... continued from page 14

culinary experience which will offer cooking classes to children in a safe environment that will encourage discovery and creativity. Each class will have a monthly theme. The children will learn about kitchen safety and proper food handling, food preparation and cooking and baking techniques. They will also learn about presentation and so much more. They are sure to have fun while learning and making tasty treats and healthy snack for their family. Class size will be small.

HOW TO EAT LIKE A CHILD: Show Date: Friday, November 4 at 7 p.m. and Sunday, November 6 at 3 p.m., at the Morgan Auditorium.

HALLOWEEN WINDOW PAINTING CONTEST: October 22, 9 am - 2 p.m. Fee: \$2.00 per child/\$5.00 per family. Registration is through the P & R Office. Everyone must pre-register. More information will be coming home with your child.

LEGO BUILDING - NOVEMBER 5, Family Event – LEGO

Building evening at the Andrews Memorial Town Hall. The event is geared to families of children in Grades 4 to 8. (It is not appropriate for children under 5 yrs of age.) Admission to this event will not be permitted at the door unless you have pre-registered and paid. Fee is \$5.00 and a non-perishable food item for the first 50 families that sign up. Dinner will be provided. Registration will be through the P & R Office. Information will be coming home with your child.

DEP SAFE BOATING CLASSES: (Adults and children over 10) More information to follow.

YOUTH WRESTLING: Eliot and Morgan students. More info to follow. All registrations are handled through the P & R Office. If you have any questions, please give us a call at 860-669-6901 or check website at www.clintonparkrec.com.

All Non-residents pay an extra \$5.00 registration fee for our programs, if we have room.

A new downloadable registration form is now available for your convenience.

- Lois A. Ruggiero, Assistant to P & R Director



SAVE THE DATE

2ND ANNUAL

**HALLOWEEN WINDOW PAINTING
CONTEST**

WHEN: SATURDAY, OCT. 22, 2011

WHO: YOUTH IN GRADES 4-8

This extremely popular and fun event is sponsored by
 Clinton Youth & Family Service Bureau
 Clinton Parks & Recreation Department
 Clinton Police Department
 and Shoreline Community Women
 with the cooperation of the Clinton business
 community.

Partial funding provided by Middlesex United Way



West Nile Virus

The State Mosquito Management Program announced that a Bridgeport resident and a New Haven resident tested positive for West Nile virus (WNV) infection.

The residents, between 80-89 years of age, had onset of illness during the 4th week of August before the arrival of the tropical storm. Both residents were hospitalized with encephalitis. Illness in both cases was characterized by high fever, confusion, weakness, and vomiting. WNV-positive mosquitoes have been trapped repeatedly at numerous sites in Fairfield and New Haven counties this season.

"Mosquitoes are still active, and the recent rains have resulted in areas of standing water that provide them with ideal breeding grounds," said State Epidemiologist Dr. Matthew Cartter. "We ask residents to continue to take steps to avoid mosquito bites, such as eliminating standing water around the home."

Last week, it was announced that a resident of Stamford had tested positive for WNV infection. Health officials said that August and September are when they usually see human cases of West Nile virus. While most people do not become severely ill from West Nile virus, people over the age of 50 are more likely to become ill and develop serious symptoms when infected.

The latest human surveillance statistics can be accessed at www.ct.gov/mosquito.

So far this season, WNV-positive mosquitoes have been trapped in 30 municipalities: Branford, Bridgeport, Cromwell, Danbury, Darien, East Haven, Easton, Fairfield, Greenwich, Groton, Hamden, Hartford, Litchfield, Meriden, Milford, New Britain, New Canaan, New Haven, North Haven, Norwalk, Orange, South Windsor, Stamford, Stratford, Tolland, Trumbull, West Haven, Westbrook, Westport, and Woodbridge.

Precautions to avoid mosquito bites include:

- Minimize time outdoors at dusk and dawn
- Be sure door and window screens are tight-fitting and in good repair
- Wear shoes, socks, long pants, and long-sleeved shirts
- Clothing material should be tightly woven
- Use mosquito netting when sleeping outdoors
- Consider using mosquito repellent - the most effective repellents contain DEET or Picaridin.

When using DEET use the lowest concentration effective for the time spent outdoors (for example, 6% lasts approximately 2 hours and 20% for 4 hours) and wash treated skin when returning indoors. Do not apply under clothing, to wounds or irritated skin, the hands of children, or to infants less than 2 months.

Measures to reduce mosquitoes around the home include: Dispose of water-holding containers, such as

ceramic pots, used tires, tire swings; drill holes in the bottom of containers such as those used for recycling; clean clogged roof gutters; turn over objects that may trap water when not in use such as wading pools and wheelbarrows; change water in bird baths on a weekly basis; clean and chlorinate swimming pools; use landscaping techniques to eliminate areas where water can collect on your property.

For information on West Nile virus and what you can do to prevent getting bitten by mosquitoes, visit the Connecticut Mosquito Management Program web site at www.ct.gov/mosquito.





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CALL or EMAIL to SIGN UP!

October 18 - The Morgan School, Clinton
November 15 - Branford High School, Branford
November 29 - Adams Middle School, Guilford

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Clinton Events Calendar

OCTOBER 16

14th Annual Run for The Cove - 9:00 - 11:30 a.m. 5k Run, 2 Mile Walk, Kids Fun Run. Hammonasset Beach State Park, Madison. Proceeds benefit Cove services throughout the State of Ct. Fees: \$20 for 5K Run, \$15 for the 2 Mile Walk and \$5 for the Kids Fun Run. For more information call 203-634-0500 ext. 14.

OCTOBER 19

Annual Awards Dinner At Country Club - The Clinton Chamber of Commerce will hold its annual awards dinner at the Clinton Country Club, Rte. 145, Clinton. Selected this year to receive the Award of Distinction for Public Service is longtime Clinton resident and active volunteer Rich Santanelli. Receiving the Community Partnership Award is Clinton Police Sgt. Jerry Dunn for his dedication and work over many years with the DARE program, Citizen's Police Academy, and Toys for Tots campaign. The Best Foot Forward Award is going to Clinton's Department of Public Works. Keeping with tradition, the Board of Education will be sharing the spotlight and will be honoring their Business Person of the Year (yet to be announced). Members of the public and friends of the honorees are welcome to attend. Refreshments at the cocktail hour are sponsored by Clinton Crossing Premium Outlets, Chamber Insurance Trust, and Guilford Savings Bank. Phone or email reservations are being accepted. Cost is \$40 per person. Walk-ins cannot be accommodated. Payment can be made by credit card, check or cash. Call 860/669-3889 or email chamber@clintonct.com.

OCTOBER 22

New York City Bus Trip - Clinton Rotary Club offering round trip transportation to New York City leaving Exit 63 Commuter Lot on Rte. 81, 8:00 a.m. sharp. Three drop-off points: Fifth Ave, 82nd/59th/48th St and near United Nations. Depart at 7:00 p.m. from New York Hilton (6th Ave. between 53rd & 54th). \$42 per person, includes tip. Proceeds fund a Christmas party for area underprivileged children. Make checks payable to Clinton Rotary. Mail to Dr. Andrew Berliner, 246 East Main Street, Suite 2, Clinton, CT 06413. For more information call 860-660-1320. Deadline is Saturday, Oct. 15th. No Refunds.

OCTOBER 24

Second Annual Business Conference and Trade Show Conference sponsored and hosted at Water's Edge Resort and Spa, Route One, Westbrook. Trade show (open to the public noon to 6). Full and/or half-day workshops/programs on marketing and networking. Hosted by Shoreline Chambers of Commerce. Breakfast and lunch. "Tweet Up" Happy Hour 4 to 6. Keynote speaker David Weinberger, author, internet and marketing entrepreneur, blogger, Senior Researcher Harvard Law's

Berkman Center, strategic marketing consultant. For tickets or detailed information call Clinton Chamber at 860/669-3889 or visit www.shorelinechambers.com.

OCTOBER 28

United States Coast Guard Band - The Clinton Chamber of Commerce presents the United States Coast Guard Band on Friday October 28, 2011 at 7:30 p.m. in the Morgan School's William Gagnon Auditorium, Route 81, Clinton. For free, required tickets, send a self-addressed stamped envelope to the Clinton Chamber of Commerce, 50 East Main Street, P.O. Box 334, Clinton, CT 06413. Funding has been provided by Shore TV and Appliance. Only requests including self-addressed stamped envelopes will be honored. Maximum 4 tickets per request. Doors for non-ticket holders open at 7:20 p.m. Every effort will be made to seat those without tickets. Call the Clinton Chamber of Commerce at (860) 669-3889 or email chamber@clintonct.com. Families Helping Families, a Clinton nonprofit organization providing food and fuel assistance to area residents, will be conducting a food drive. Attendees are welcome to bring healthy non-perishable food items for the collection bin that will be located in the lobby that evening.

OCTOBER 29

An Evening with Dean Martin - The Clinton Chamber of Commerce presents "A Tribute to Dean Martin" in the Green Room of Andrews Memorial Town Hall, Rte. 1, Clinton at 7 p.m. Travel back with professional entertainer Jack Lynn to the late 40's, 50's and 60's when Dean Martin was crooning on the airwaves and at the top of the music charts. Sit back, relax and enjoy a nostalgic evening of beautiful tunes, ambience and some "Rat Pack" humor. \$35 per person. Tickets sold in advance only. BYOB. Set-ups provided. Venetian Dessert Table Compliments Guilford Savings Bank. Guests are welcome to dress (glam up) or arrive comfortably casual. Visit entertainer Jack Lynn at Jacksingsdino.com. Credit cards accepted. Call the Clinton Chamber of Commerce at 860/669-3889 or email chamber@clintonct.com.

NOVEMBER 10

Business After Hours at Grove Gardens - 5:30 - 7:30 p.m. The Clinton Chamber of Commerce will hold Business After Hours at Grove Gardens, 341 East Main Street, Clinton. The event is sponsored and hosted by Grove Garden Center, Grove Gardens Florist and Grove Gardens Landscaping. The event includes complimentary beverages and light refreshments. Business After Hours is a regularly scheduled chamber networking function open to all local businesspeople and their staff members, whether or not they are chamber members. Admission for Business After Hours is \$10 prepaid and \$12 at the door.

Continued on page 21

CLINTON NEWCOMERS' GUIDE

Welcome to Clinton!

On behalf of *Events Magazines*, welcome to Clinton. Whether you are new to Connecticut or just new to Clinton you will find wonderful people and places to visit in town. From the Bluefish Festival, fun shopping, fine dining and water activities, Clinton has something for everyone. Below are important phone numbers. Please tear out this page and keep it for future reference. We at *Events Magazines* and Essex Printing support local businesses. Please use this guide and "Buy Local" - we do!

USEFUL NUMBERS

CT. State Legislators

Brian O'Connor860-842-8267
 Eileen Daily860-842-1420
 Democratic Town Committee860-669-5573
 Republican Town Committee860-669-5444

CLUBS AND ORGANIZATIONS

Clinton Lion's Club860-669-7547
 Clinton Rotary Club.....860-388-7013
 Clinton Youth and Family Services
860-669-1103
 Families Helping Families860-669-5592
 Arbor Garden Club860-669-5121
 Choral Club860-669-2702

LIBRARIES

Henry Carter Hull Library860-669-2342

POST OFFICE

Main Street860-669-4155

SCHOOLS

Superintendent of Schools860-664-6500
 Lewin B. Joel School860-664-6501
 Abraham Peirson School860-664-6502
 Jared Eliot Middle School860-664-6503
 The Morgan School860-664-6504

WORSHIP SERVICES

Church of the Open Door860-669-2155
 First Church of Christ Congregational
860-669-5735
 St. Mary's Church of the Visitation
860-669-8512
 Episcopal Church of the Holy Advent
860-669-2232
 United Methodist Church860-669-8396
 St. Alexis Orthodox Mission860-664-9434
 Cornerstone Church860-664-0543

OTHER NUMBERS

Consumer Protection860-566-2294
 Volunteer Fire Department860-669-8131
 Estuary Council of Seniors860-388-1611
 Historical Society860-669-5318
 Economic Development Commission
860-669-8500
 9 Town Transit.....860-510-0429
 PTA860-669-7627

BUSINESS & PROFESSIONAL SERVICES

ATTORNEYS

Polito & Quinn, LLC860-447-3300

AUTO SERVICE

Auto Service of Old Saybrook
860-388-6838

BANKS

Essex Savings Bank203-318-8611
 Liberty Bank860-669-1086

FINANCIAL SERVICES

Barnum Financial Group
203-689-9028

Educators Retirement Consulting
 Tracy MacKinstry860-669-9900

Shore Financial Group, LLC
860-664-9028

FITNESS

Snap Fitness.....860-552-2018
 Valley Shore Y.....860-399-9622

HOSPITAL

Middlesex Hospital
www.MIDDLESEXHOSPITAL.ORG
 Visit ..www.MHCANCERCENTER.ORG

JEWELRY

Christo Jewelers860-669-2145

LAWN CARE SERVICES

Greenscape of Clinton, LLC
860-669-1880

OIL

Moroni & Son860-388-2298

PHARMACY

Killingworth Family Pharmacy
860-452-4275

PODIATRY

Center Podiatry860-676-3668

PRINTING

Essex Printing Co.860-767-9087

RETIREMENT LIVING

The Saybrook at Haddam
860-345-3779

REALTORS

Mary LeBlanc Realty....860-399-8799
 Team Jermaine860-662-0230

RESTAURANT

Chip's Pub.....860-669-3463

THEATRE

Madison Art Cinemas ..203-245-3456

TRANSPORTATION

9 Town Transit860-510-0429

WINDOW DECOR

The Paint Shop860-388-2345

**WANT TO BE LISTED ON THE NEWCOMERS' PAGE?
 Call Ward Feirer at 914-806-5500**

Austin-Healey ... Extraordinary Then, and Now



Luncheon stop in East Haddam

While sitting in the publisher's office of *Events Magazines* one day this past July, it was announced that there was a phone call for the "Motorsports Editor". I was soon chatting with George Greider, a member of the Austin-Healey Club of North America. George informed me that he and a large contingent of club members were having a summer rally, which included a luncheon stop at the Gelston House in East Haddam. Would I like to come up, meet some of the folks and check out the cars, he asked. You bet, what's the date? I'll be there.

These cars have always been on my short list of favorite sports cars; I even owned one for a while back in the

"long ago". You may recall a story I wrote about it for *Events Magazines*, but I digress. Let's take a quick look at some of what made these cars so special when introduced in 1953 and sought after as collector cars today.

Built in Great Britain, the Austin-Healey 100 was initially just a two-seat roadster. A 90" wheelbase chassis underpinned the car. Power was provided by a 2,660 cc inline four cylinder engine.

Torquey and rugged this power plant was rated a 90 horsepower which seems puny today, but when coupled with a car weighing just over 2,100 pounds, provided good performance for the era, good enough to propel the car to 100 mph, hence the model designation. The Austin Company also provided the three speed transmission with overdrive and drum brakes. All this fairly standard fare for the time.

So what made the car so special then and now? In a word: "looks". Road and Track Magazine in a March 1956 review of a 100M model suggested the car's popularity was due to being a "genuine" sports car and also trouble free. I submit a third reason, colored without question by nostalgia. They were drop dead gorgeous. Low slung and curvaceous, long hood with short rear deck and a two seat cockpit all riding on wire wheels with bright chrome knock off hubs. Wow! This was a "sports car".

The cars evolved over the next decade and a half. Six cylinder engine, four speed transmission, disc brakes, all welcome advances. Also four seats in some models, roll up windows, increased weight and in the opinion of at least a few, an overly chromed front end. But, nit pickers aside, the big Healey's endure as icons of the British sports car era.

In the late fifties A-H introduced an entry level sports car called the Sprite. Affectionately known as the "Bug Eye" in the states, because of its bulging upright headlights, it too is a sports car icon. A low cost, entertaining street sports car, Sprites also enjoyed considerable success in sports car racing competition.

All this 'wonderfulness' came to a screeching halt following the 1967 introduction of the Federal Safety and Emissions Standards. Austin-Healey withdrew from our market. It was the end of an era.

We should all thank George Greider and his fellow Healey enthusiasts for keeping this very special sports car part of our modern car culture. It's especially gratifying to see and hear them on our public highways and byways. Thanks all you guys and gals, and kudos for a job well done.

Keep the shiny side up and I'll see you next time
- Dana Hill

Roses for Autism

Roses for Autism is the first business endeavor for Growing Possibilities - a nonprofit social enterprise founded by Ability Beyond Disability that is dedicated to growing independence in the business world for individuals with autism and other disabilities. Jim Lyman's dream was to improve the quality of life for his son Eli, through meaningful work and continued opportunities to grow as an individual. Jim's search brought him together with Pinchbeck's Rose Farm, Connecticut Autism Spectrum Resource Center, and then to Ability Beyond Disability. Collectively, they planted the seed that would bloom into Growing Possibilities. Adults on the Autism Spectrum hold many talents, yet today only 12% of adults with ASD are employed. Our Mission is to grow independence in the business world.

Call us today to plan for your next recognition event. We deliver to CT, NY, NJ, MA and we ship anywhere in the United States! We supply for Anniversaries, birthdays, special accomplishments, recognition events, etc.

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We are Pinchbeck's Rose Farm, located at 929 Boston Post Road in Guilford, CT 06437. 203.453.2186.
www.rosesforautism.com or www.rosesforautism.com.

Calendar ... continued from page 18

Walk-ins are welcome. For more information or directions call the Clinton Chamber of Commerce at (860) 669-3889 or email chamber@clintonct.com.

DECEMBER 4

Christmas in Clinton - The Clinton Chamber of Commerce, in conjunction with several civic organizations, will host the 16th annual Christmas in Clinton on Sunday, Dec. 4. Most activities run from 2 to 6 p.m. Craft Fair hosted by Shoreline Community Women, Inc. at Andrews Memorial Town Hall, music, sing alongs, arrival of Santa and other special events. For more information call 860-669-3889 or visit clintonct.com.


DECEMBER 10


Hansel & Gretel - 2:00 p.m. The Opera Theater of Connecticut presents Hansel & Gretel in English. Andrews Memorial Town Hall, Rte. 1, Clinton. Tickets adults \$15; children 15 and under \$10. For more information call 860-669-8999 or visit www.operatheater-ct.org.

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Clinton Public Schools - Architects of the Future

"Solving complex problems requires an inquiring mind and the willingness to experiment one's way to a fresh solution."
- Daniel Pink (2009)

The 2011 - 2012 school year is off and running. Despite the impact of Tropical Storm Irene, Clinton Public Schools has settled in and we are busy focusing on the task of developing independent, collaborative learners who have the skills and competencies to engage in the dynamic and changing world around them. I have borrowed the title of this article from Buckminster Fuller because it captures the essence of the work public schools need to be about as we consider the current economic circumstances and political pressures we face. It becomes incumbent on the school community and the community leadership to reframe the conversation about the purpose and relevance of a public school education, recognizing that change is occurring and much of that change is difficult because we are not certain what the future will hold. Our task then becomes taking stock of what we do know to assess and evaluate the potential implications on the future.

The Clinton Public School district, as a system, has been doing just that over the past four years. We have completely revamped the way we develop and implement curriculum, the outline of what we believe students need to know and be able to demonstrate. Teachers from each level, working with building administrators and the assistant superintendent, have researched and identified the critical learning expectations for 21st century students in English/language arts, math, social studies, world language, and guidance. Each of these curriculum areas has been documented and is being implemented. The work has had two major outcomes that are helping to reshape the district's focus. The first, is the impact of developing a kindergarten through grade twelve "system" of learning expectations that increase in level of sophistication and breadth of application. The second impact is the development of a set of foundation skills and competencies that provide a common focus for all disciplines. The foundation skills and competencies, which are posted on our district website, establish the link between all disciplines and make clear the relevance of core learning with a concentration on application.

In addition to curriculum development and renewal, the district has developed and implemented a systematic assessment and intervention process, based on a national and state model, to provide early intervention and support for students before they fall behind. The model, known in the state as Scientific Research-Based Intervention (SRBI), focuses on using short assessments or screening tests that provide teachers with insight about whether or not students are making appropriate progress. When students do not meet the expected criteria, teachers immediately provide

additional instruction (interventions) and reassess. Typically, the additional support is sufficient. Sometimes students will require more advanced intervention and instruction. This model helps teachers and resource personnel in applying appropriate and targeted instruction more expediently so that students have less chance of falling behind.

The high school has recently completed two major studies around the future of education in public schools. The first, completed in 2008, was a comprehensive look at the changing needs of high school education. A task force comprised of students, teachers, administrators and community members and facilitated by an outside consultant focused its work on developing guiding concepts and a series of recommendations for shaping a new vision and programmatic changes for the high school. In May of 2010, the high school also completed the New England Association of Schools and Colleges (NEASC) accreditation process and The Morgan School was accredited. The accreditation process provides an additional roadmap for school improvement at the high school.

These two processes have had dramatic influence on the high school and have set the stage for ongoing programmatic changes to better meet the needs of our students. The advisory program has taken the place of traditional homerooms and all teachers are assigned to a small group of students who meet weekly to address a variety of school and grade level tasks, including goal setting, student success plans and college application preparation. The freshmen seminar program, now in its third year, affords all incoming freshmen with transitional support, core learning experiences in technology, research and writing, which establishes a foundation for success at The Morgan School and beyond.

The combination of redefining academic expectations, with an emphasis on applying learning to real issues and problems, and the concerted effort to unify the district as a K-12 system have begun to pay dividends in state and national assessment results. While there continues to be room for improvement, we are seeing increases in district performance on the Connecticut Mastery Test (CMT), the Connecticut Academic Performance Test (CAPT), the Scholastic Aptitude Test (SAT), the American College Testing (ACT), and the Advanced Placement (AP) examinations. Although performance on these assessments is important, as a district we have refocused our efforts on setting standards of learning that reach beyond what is measured on any of these individual assessments.

The 2011 - 2012 school year holds much anticipation and excitement as curriculum implementation unfolds in the core areas identified above and work is finished in information technology, physical education/health, family and consumer science, and art.

Continued on next page

Technology and Your Health

We are blessed today with a wealth of high tech “toys” from TV to computers to intelligent phones. Unfortunately, there is a down side to this as well. Before TV, kids went outside to play and adults participated in many activities. Before computers and email, people had to get up from their desks and walk through their offices to hand deliver paperwork. Today many of us sit for very long periods on the job using a computer and communicating by email. At night we go home, sit on the couch, watch TV and snack. It’s no wonder that the average American is somewhere between over-weight and obese. Lack of exercise causes muscles to atrophy and puts great stress on joints. All of this leads to many serious health issues such as diabetes, heart disease, knee and hip replacement.

It is possible to slow down and even reverse this process with healthy eating and exercise. As we age it is essential that

we we take the time for strength training and aerobic exercise. Strength training builds muscle which alleviates joint stress and helps to prevent osteoporosis. Aerobic exercise keeps the heart healthy and keep weight under control.

At our club we have what we call the Basic Eight. These are eight strength machines that will give you a very good upper and lower body workout. Add 30 minutes of aerobic exercise using one of our cardio machines or one of our Fitness on Demand videos and you can be out the door in less than an hour. Do this three times a week and you will feel the difference your first month and look and fell better than you ever expected in six months! Come see us.

*Joy Mitchell and Dale Athanas, Snap Fitness of Clinton
860-552-2018 / clintonct@snapfitness.com*

Safety Tips for Ghosts & Goblins on Halloween

Halloween is one of the most enjoyable nights of the year for thousands of ghosts and goblins and, with safety in mind, the Connecticut State Police has developed a list of recommendations for keeping our state’s youngest residents safe on this holiday.

- Wear bright, light-colored or reflective costumes so that motorists see you. Add reflective tape to trick-or-treat bags for increased visibility.

- Carry a flashlight so that you will be seen as you walk from house to house.

- Use caution as you visit houses. Be alert for objects or toys in the walkway or on the porch.

- Never enter anyone’s house or car for a treat.

- Always go trick-or-treating in a group that includes adults; never go out alone.

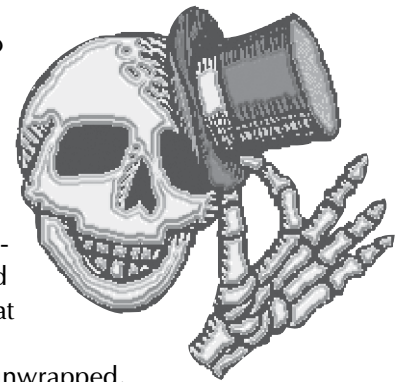
- Do not eat any treats until you arrive home and your parents inspect all goodies.

- Only collect treats from those you know.

- Always watch for cars as you walk from house to house.

- Do not wear a mask that hinders vision in any way.

Before Sunday night, Parents are reminded to clear their walkways of any obstacles that could hamper visits from costumed youngsters. Parents should inspect all treats collected by their children and dispose of any items that appear to be unsafe for consumption, such as unwrapped, partially opened, discolored or out of the ordinary treats.



In addition, parents are urged to check the Connecticut Sex Offender Registry prior to Halloween night so they can map out their trick-or-treating routes.

The Connecticut State Police and all Resident State Troopers will be out in force on Halloween to keep state residents safe.

- www.ct.gov

Public Schools ... continued from previous page

Each grade level is working on coordinating and developing key learning experiences that support the eleven foundation skills and competencies. The district has also finalized a new teacher evaluation plan that is being implemented this year. And after several years of planning, key infrastructure advances will improve our teachers’ ability to enhance teaching and learning with a more seamless integration of technology.

Lastly, it is important to take this opportunity to once again

extend an invitation to the community to join in the critical work the school system has undertaken to improve programs and facilities for our students. Our graduates must be prepared to engage in solving complex problems and public schools must continue to look for fresh ways to inculcate curiosity and inquiry. The Clinton Public Schools continues to be committed to preparing independent and collaborative learners empowered to embrace the future.

- *Jack Cross, Superintendent, Clinton Public Schools*

Seniors Getting Fit at the Saybrook at Haddam

Walking, lifting weights, stretching, rowing, biking... the list of fun things seniors do today to stay physically fit keeps growing. In fact, "working out" is becoming a bigger part of daily life for today's senior citizen, and the benefits are piling up.



Residents at The Saybrook at Haddam (l-r: Bill Wassell, Harry Archambault, and Marian Marston) enjoy the new gym, where they use exercise machines to stay physically fit.

Seniors who work some level of physical fitness into their routines are taking positive, proactive steps to maintain (or even improve) their quality of life. Regular exercise builds muscle - which can be accomplished at every stage of life. Stronger muscles allow seniors to be more self-sufficient and manage daily tasks on their own.

Regular exercise helps keep seniors "in balance" and flexible,

which, in turn, helps them avoid falls and injuries that can lead to greater complications. It also increases endorphins, improves cardiovascular health, and helps lower blood pressure - which all contribute to improved overall wellbeing. Senior often find themselves socializing more by taking group exercise or workout classes, or by simply going on walks with friends. Daily exercise does not have to be a formal process. Many seniors find themselves getting a lot of exercise simply by their circum-



Residents at The Saybrook at Haddam, Bill Wassell (L) and Harry Archambault (R) work out at the new gym.

stance. For instance, if they live in a community such as The Saybrook at Haddam, they walk back and forth to their dining room three times a day, and they walk to activities, to the in-house hair dresser, to meet up with friends, and for many other purposes throughout each day. They always have the option to take stairs instead of the elevator, giving them even more of a

workout. In nice weather, many residents and their guests enjoy walking outdoors.

The Saybrook at Haddam recently added a new gym so residents can really build muscle and tone their bodies. Those who would like to use the gym receive individualized training on each of the different pieces of equipment - which include weight machines, rowing machines, and self-propelled treadmills. The walls of our gym are lined with mirrors so residents can watch their posture and be sure they are using the machines correctly. We placed treadmills facing our large windows that overlook the courtyard so everyone can take in the roses in the summer, the foliage in the fall, and the picturesque snow in the winter (while staying warm inside!). The gym is open all day long, so residents are able to create their own exercise regime into any time of day - in addition to enjoying our daily morning stretch and exercise classes.

Our residents are surprised to find themselves in better shape than they were before moving into our community. They don't realize the level of physical activity they take on each day, but they certainly notice how great they feel. That is why we encourage as much movement and engagement as possible.



Marian Marston uses the rowing machine while Bill Wassell and Harry Archambault make use of weight machines.

Their families, too, are happy to see their loved ones getting exercise and staying active.

Most important to us, we want residents to enjoy their hobbies and interests, do more with their children and grandchildren, and have the best quality of life possible. We know physically fit seniors have a more positive outlook on life, as they are able to be more independent longer. To put it simply, they are having more fun with their lives. And that is our hope for every senior!

*- By Kathy Ryan, Executive Director
The Saybrook at Haddam*

A Valley Shore YMCA Membership Helped Save My Life

The mission of the Valley Shore YMCA is to develop and encourage the growth of all individuals in Spirit, Mind and Body, in an atmosphere of mutual respect. This means different things to four generations of women in my family. To our six year old granddaughter, it means showing her family that she can swim independently, without a bubble. To her mother and aunt, the Y means swim and gymnastics lessons, as well as summer camp and teenage employment. To her great grandmother, the YMCA means mastering the mind-over-matter challenge of learning to swim in her 70s, despite a lifelong fear of being in water over her head.

I have enjoyed regular exercise at the Valley Shore Y for four decades, where I am a member of our local Board of Directors. I have also been influenced by the world community leadership of the YMCA, with its ability to connect people across the world and train them for community leadership and social service.

I recently experienced a health crisis which served to underscore the mutual importance of the three worlds of mind, body and spiritual health. I contracted a bacterial staphylococcal infection, for which my medical team could not find a cause. The infection rapidly spread to my heart and my brain. Treatment required three surgeries and intravenous antibiotics to stem the infection. My cardiologist informed my family that there is a 40% mortality rate associated with endocarditis, and that the risk of three surgeries boosted that rate exponentially.

But one week after the surgeries, I was alive and lucid. Clinicians from other medical specialties (internal medicine, infectious disease, neurology, orthopedics, and ENT) joined my cardiology team and treated me over the next month. Three weeks at a rehabilitation facility followed the hospitalization. Although there are many unanswered questions about the cause of the staph infection, there was universal consensus about WHY I survived the ordeal. All agreed that my state of health enabled me to endure the surgeries and fight the infection. The recurring comment from the medical community was that "I did not look like my chart"; I seemed stronger than my records indicated.

The fitness I have acquired at the YMCA and often take for granted provided the strength to survive the surgeries and jumpstart a return to health. "Mind" and "spirit" components also formed a net that carried me through the pain and worry of losing my health. The strength of my family, friends and YMCA colleagues prevailed whenever I had doubts about recovery. I am now enjoying regular, although modified workouts at the Valley Shore YMCA. My cardiologist predicts that I will "return to baseline", eventually resuming normal activities.

My granddaughter learned to swim at the YMCA, and my daughters formed life-long connections with the Y. My mother-in-law conquered her fear of water at the Y. And I reclaimed my appreciation for the mind-body-spirit power of the YMCA.

Thanks, Y colleagues, for supporting so much more than my physical recovery alone.

- Kathleen C. Laundry, PsyD, LMFT

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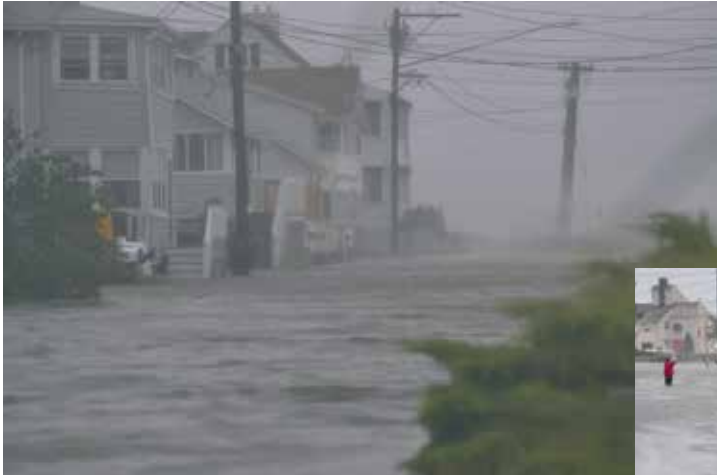
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Irene Hits Clinton



*Photos by
Denise Hussey,
taken in the
Salt Island Road area.*

Thanksgiving Road Safety

Thanksgiving Eve and Day are the busiest traffic days of the year. Motorists should remember: Don't follow too close, slow down, stay off your cell phone while driving, and report any suspected drunk drivers to police.

The Connecticut State Police are committed to reducing crashes through preventive enforcement initiatives such as safety spot checks at sobriety checkpoints. Every effort to reduce accidents is being taken and Connecticut residents are urged to be a part of the public safety solution.

Connecticut state law requires motorists approaching stationary emergency vehicles to immediately slow to a speed

below the posted speed limit and, if traveling in the lane adjacent to an emergency vehicle, move over one lane, unless it is unreasonable or unsafe to do so. As defined by law, "emergency vehicle" is any vehicle with activated flashing lights including ambulances, fire vehicles, law enforcement vehicles, highway maintenance vehicles or licensed wreckers.

Uniformed troopers use non-traditional patrol cars to observe traffic and issue tickets to reckless distracted drivers. A reminder to all drivers, that anyone who is consuming alcohol should never get behind the wheel. - www.ct.gov

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